

Development of Chinese Medicine Clinical Service Recommendations for Cancer Palliative Care in Hong Kong: A Delphi survey

Background

Existing overviews of systematic reviews (SRs) and SRs for Cancer Palliative Care



The use of certain Chinese medicine (CM) interventions for symptoms management among patients

Aim

To establish consensus on CM clinical service recommendations for cancer palliative care among Hong Kong experts using the GRADE-ADOLOPMENT approach



Methods

7 CM interventions with **statistically significant favourable results** in existing overviews of SRs and SRs

→ Included in a GRADE-ADOLOPMENT based two-round Delphi survey

Physicians (n=4)

Chinese medicine practitioners (n=4)

Nurses (n=4)

Hong Kong experts in cancer palliative care

Make recommendations on a 4-point Likert scale



Based on the criteria of Evidence to decision (EtD) framework below:

Priority of problem

Benefits and harms

Equity

Feasibility

Acceptability

The use of Evidence to decision (EtD) framework within the GRADE-ADOLOPMENT approach offers a structured recording of judgements in the process of reaching Chinese medicine clinical service recommendations among different health professionals.



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Please scan for detailed workflow and results of the study

Results

List of service recommendations developed in the two-round Delphi survey:

(1) Should acupuncture be used for reducing fatigue among palliative cancer patients?

(2) Should acupressure be used for reducing fatigue among palliative cancer patients?

(3) Should moxibustion be used for reducing nausea and vomiting among palliative cancer patients receiving chemotherapy?

Conclusion

Use of EtD framework within the GRADE-ADOLOPMENT approach would:

- Facilitate development of evidence-based CM service recommendations which are compatible to Hong Kong context
- Encourage interprofessional collaboration in the future dissemination and implementation of these recommendations