



**REVIEW STRATEGIES TO INFORM RESEARCH PRIORITIZATION OF  
BIOMARKERS**

**AKI-DIAGNOSTICS CASE STUDY**

**.... A BIT OF A MONSTER ....**

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# BACKGROUND

## WHAT TYPE OF EVIDENCE SYNTHESIS MONSTER?



- **Big**
- **Complicated**
- **Unpredictable**
- **Important**



# METHODS

## ...THE PLAN

- Identify cost-effective tests with strong clinical and analytical validity
  1. Create a shortlist of AKI diagnostic tests/biomarkers (review 1)
  2. Assess and compare the validity of the selected biomarkers (review 2)
  3. Early economic modelling of the selected biomarkers
- NIHR funded HTA Evidence Synthesis
- Team with expertise in AKI, diagnostic tests, systematic reviewing, meta-analysis, information science, economic modelling



# IDENTIFYING AND PRIORITISING BIOMARKERS

Literature Search for blood/urine/plasma tests for AKI found **4,804** records

Screened **4804** title & abstracts to identify in-development AKI tests

Group **487** studies into **152** unique tests

Rank **152** tests

Top **10**  
tests



# TOP 10

BNP  
Cystatin C  
IL-6  
IL-18  
KIM-1  
L-FABP  
NAG  
Nephrocheck®  
NGAL  
TNF- $\alpha$

## BIOMARKER RANKING METHOD

Ranking method developed by team consensus

- Volume of evidence  $\geq 6$  publications
- Currency of evidence  $\leq 5$ -years old
- Population  $\geq 1500$  subjects or samples across studies
- Biological / mechanistic plausibility. Four markers:
  - inflammatory marker,
  - functional marker
  - damage marker
  - cell cycle marker



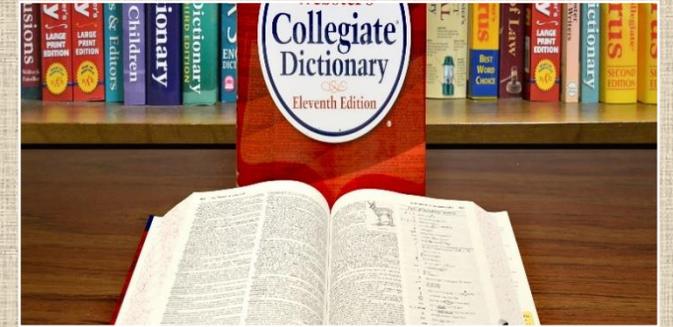
# METHODS CHALLENGES EMERGED...



LOTS of studies



Poor reporting



Complex terminology



LOTS of multiple test data



Complexity of including analytical and clinical validity



# REVIEW 2

## ANALYTICAL AND CLINICAL VALIDITY OF 3 BIOMARKERS

7,967 records (for 10 biomarkers)  
4,784 (duplicates removed)

3 biomarkers prioritised

**3,260** records to screen:  
471 Cystatin-C; 47 Nephrocheck®; 919 NGAL;  
1,507 Multi-biomarker; 316 Biomarker unspecified

**207** eligible papers

**61** included in synthesis

**39** NGAL

**17** Cystatin C

**10** Nephrocheck®

- Maintain methodological rigour
- NGAL, Cystatin C and Nephrocheck® biomarkers selected:
  - Convergence of evidence
  - FDA licensing
- QUADAS-2 quality assessment
- Meta-analyses of diagnostic accuracy
  - Blood serum, blood plasma and urine tests considered separately
  - ICU and post-cardiac surgery settings considered separately
- Developed a framework for the assessment of measurement



## Economic evaluation assessed:

- Nephrocheck ®
- Cystatin C in urine
- Cystatin C in plasma
- Cystatin C in serum
- NGAL in urine
- NGAL in plasma
- NGAL in serum

## Data required

- Review 2 results
- AKI early treatments in ICU review
- Model searches for
  - Costs
  - Health Utilities
  - Risks
- of AKI / CKD / Dialysis/ ESRD / Transplant

Value of Information Analysis to inform future research priorities

# ECONOMIC EVALUATION



# RESULTS

## Research Findings

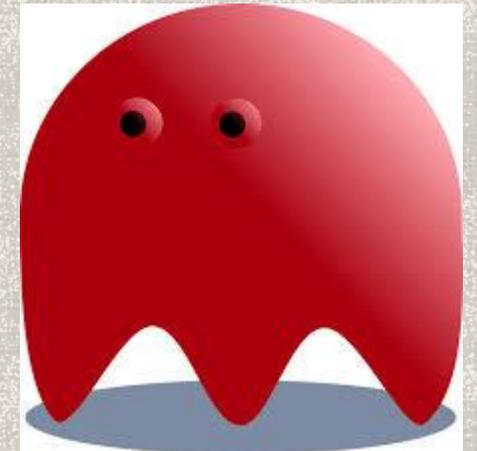
- Large number of potential biomarkers and diagnostic tests that could improve care for patients at risk from AKI in critical care
- Nephrocheck ® performed best
- All 3 tests were found to be cost effective

## Future research

- Refine
  - 2 stage review approach for large volume of literature
  - Framework of the assessment of measurement procedures
- Value of information highlighted:
  - Identify current clinical care pathways for patients at risk of AKI
  - Evaluate any changes to the care pathway following positive test
- Encourage better reporting, especially of analytical factors

- Missed promising in-development biomarkers?
  - Prioritisation process had pragmatic focus on objective criteria (e.g. volume of evidence)
- Study took longer and reviewed fewer biomarkers than expected due to
  - Volume of literature following decision to broaden scope to include tests developed outside the critical care setting
  - Volume of multiple test data
  - Complexity of data extraction
  - Poor reporting, makes comprehensive synthesis of test analytical and clinical validity difficult

# LIMITATIONS



# BOTTOM LINE

Large complex biomarkers reviews require a clear plan, commitment to methods and team expertise.

However, the plans and team should be flexible in case a monsters start to lurk...

Further methods development is needed to identify how to do this efficiently and with rigour



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# AKI iagnostics

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